



DOVER INDOOR POOL SCHEDULE

Effective February 16, 2016

516-6441



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early Bird Lap 5:30-8:30 am	Early Bird Lap* 6:30-8:30 am	Early Bird Lap 5:30-8:30 am	Early Bird Lap* 6:30-8:30 am	Early Bird Lap 5:30-8:30 am	Program/Rental 7:00-11:00 am	Masters 9:00-11:00 am
Hydrofitness 8:30-9:30 am	Lessons/Rental 8:30-9:30 am	Hydrofitness 8:30-9:30 am	Lessons/Rental 8:30-9:30 am	Hydrofitness 8:30-9:30 am		
Therapy Swim 9:30-11:00 am	Therapy Swim 9:30-11:00 am	Therapy Swim 9:30-11:00 am	Therapy Swim 9:30-11:00 am	Therapy Swim 9:30-11:00 am		
Adult Lap Swim 11:00-1:00 pm						
Lessons/Rental 1:00-2:30 pm					Lessons/Rental 1:00-3:15pm	
Rec Swim 2:30-4pm**					Rec Swim 3:30-5:00pm	
Program/Rental 4:00-7:00 pm	Program/Rental 4:00-6:30 pm	Program/Rental 4:00-7:00 pm	Program/Rental 4:00-6:30 pm	Program/Rental 4:00-7:00 pm	Program/Rental 5:00-7:00 pm	Mighty Seals 5:00-6:30 pm
Adult Lap/Rec 7:00-9:00pm	Masters 6:30-7:45 pm	Adult Lap/Rec 7:00-9:00pm	Masters 6:30-7:45 pm	Adult Lap/Rec 7:00-9:00pm	Pool Rentals	
	Adult Lap/Rec^ 7:45-9:00 pm		Adult Lap /Rec^ 7:45-9:00 pm			

^ The Dive well may be closed during certain class times

*- 3 lanes from 630-645am

** -3 lanes from 230-4pm on M/W/Th



REC SWIM: At this time children **under 45 inches must have an adult in the water with them.** No lane lines will be in. No equipment is allowed in the pool, except for our life jackets. Children wearing a life jacket must have a parent in the water with them within arms reach. Children are not allowed off of the diving board wearing life jackets.

LOCKER ROOM POLICY: Children age 4 and over are required to use same sex locker rooms. We have two family changing areas near the lobby for those that need them. Please see the desk attendant for more information.

FEES (yearly membership excludes Hydrofitness and Masters)

RESIDENT	Daily	Punch Ticket(12)	*Yearly Indoor	6 Month Indoor
Adult	\$5.00	\$50.00	\$160.00	\$95.00
Senior	\$3.00	\$30.00	\$75.00	\$40.00
Youth	\$3.00	\$30.00	\$75.00	\$40.00
NON-RESIDENT				
Adult	\$7.00	\$70.00	\$320.00	\$186.00
Senior	\$4.00	\$40.00	\$150.00	\$84.00
Youth	\$4.00	\$40.00	\$150.00	\$84.00



Children age 3 and under are required to wear a swim diaper while swimming. These swim diapers are available for \$2 each.

Thank you for understanding.

Yearly memberships are good for one year from the date of purchase.

Indoor Pool Rental \$140/Hr. (for 30 or less) Add add'l \$15/hr. for each group of 30 people or portion of 30 people over the original group. Lane rentals \$40/Hr. Diving well \$40/Hr.

DOVER RECREATION RESERVES THE RIGHT TO CHANGE THIS SCHEDULE WITHOUT PRIOR NOTICE.